

Nutrition Facts

Serving Size 100 grams (100g)

Amount Per Serving

Calories 597 Calories from Fat 442

% Daily Value*

Total Fat 53g 81%

Saturated Fat 4g 20%

Trans Fat

Cholesterol 0mg 0%

Sodium 1mg 0%

Total Carbohydrate 19g 6%

Dietary Fiber 12g 47%

Sugars 5g

Protein 22g

Vitamin A 0% • Vitamin C 0%

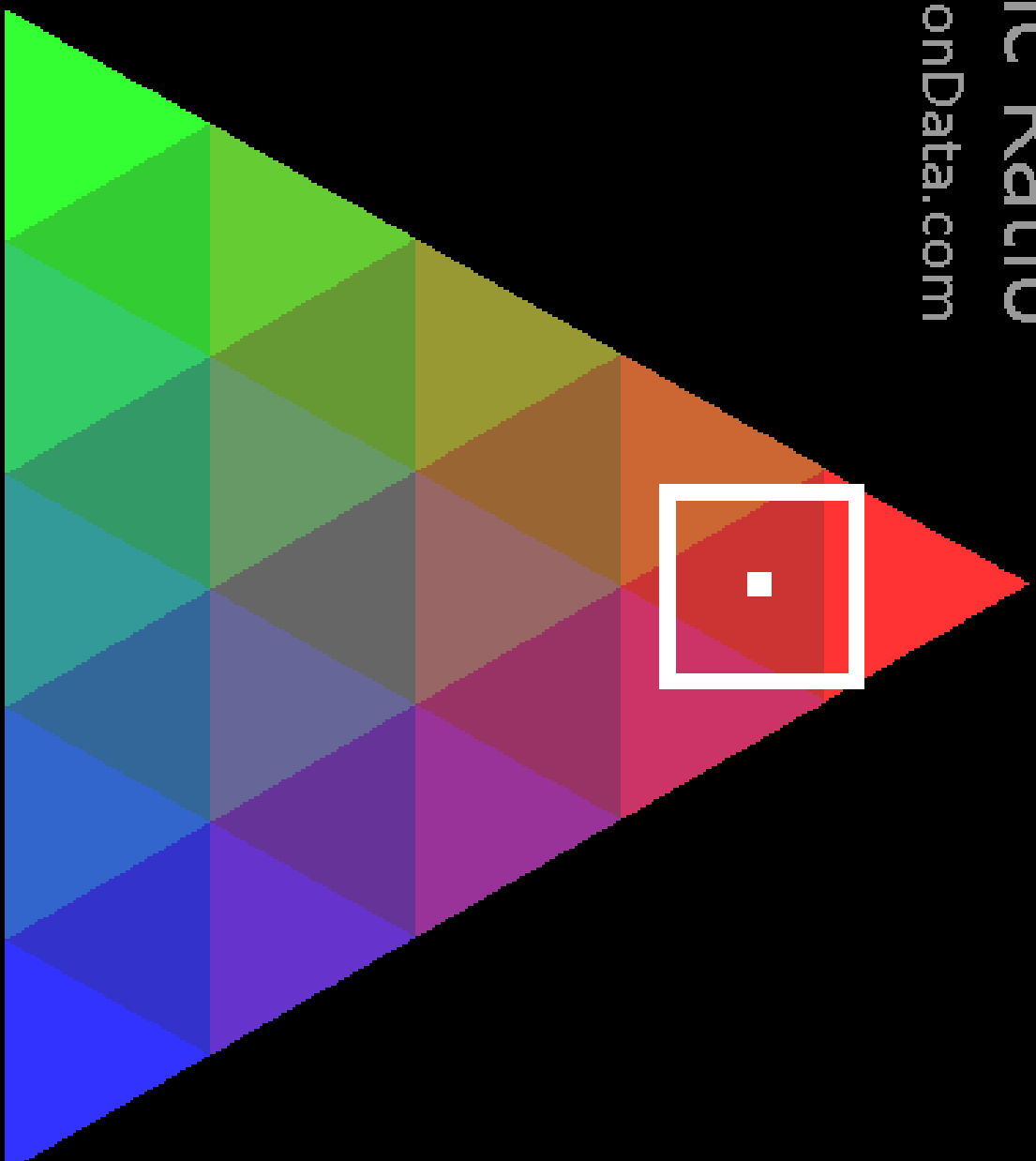
Calcium 27% • Iron 25%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

NutritionData.com

Caloric Ratio

© NutritionData.com



13

%Carbs

74

%Fats

13

%Protein